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work and the many social justice causes he was involved in, he became the Native American Spiritualist during Memorial Day ceremonies. In the 90s, due to ill health he stopped many of these activities.

Presently, he is working as an advisor with the Suquamish and Llumina tribes, and with the Fort Hall Shoshone in Idaho. Because he is unable to get around, the people come to him.

As a spiritual counselor, Thunder Cloud has a very clear sense of how energy flows within and around those who come to him with problems and life obstacles. He can feel energy flowing around a need or want and whether or not the energy is growing weak. He understands the trends and cycles in ones life and can sense what time frame something may manifest itself for them. When things are not in favor at a particular time, he can direct them to look for alternates.

"I work with them to be self realizing – to take them where they're going and help them with their life as a resource," he says. "[But I] cannot be depended on to lead their lives for them, that's not what it's all about. It is alright to use me as a cane, but not a wheelchair."

He listens for the spirit voice to guides and help him. When he needs things, he must calm himself and get rid of anxiety so he can hear the voice. When he remembers that it is one of his responsibilities to attend to his spiritual side, he gets more energy then he can use. "The spiritual voice will tell you how, but not get it for you."

He believes American are generally insecure. This manifests in the 'me-me-me' attitude, 'the I am so special.' Doubts arise because of insecurity. He shows clients a different way of seeing what is around them

Thunder Cloud has no retirement, no bank account, or health insurance, and no concerns because he has no interest in stopping work. If he loses the ability to walk or see (he is developing a cataract and has post polio health problems) he will still be able to hear and talk, and be

able to continue to work.

He quotes from the *Power of Intent*, "We are spirits who are having a human experience." He accepts what life gives him and continues meditations and employs his abilities to help others.

Thunder Cloud is at Tenzing Momo on Friday and Saturday starting at 11:30. He also reads at Dandelion Botanical, in Ballard, on Thursdays and Sundays. If you need help with life's obstacles, "just show up."

RAVEN

Raven Bella Zingaro

I thought about leaving the part about witches out of this article because, for many people, it has a bad connotation. There are people who fear what they do not understand and sometimes manifest that fear by striking out against those people. So, in fairness to Raven, who is Wiccan, I am forwarding this article with a little information and clarification.

Wiccans (Witches) continue the practices of the ancient Pagan religion that hold beliefs other than those of the main religions of the world. Paganism is a belief or philosophical theory that God and the universe are identical, and it identifies God with the forces of nature and natural substances. Wiccans practice natural and spiritual healing and have a wide and well studied knowledge of natural substances i.e. herbs, roots, flowers, used in healing and calming troubled souls. They have a strong belief in sharing their teachings with anyone who want to learn. Their spiritualism is grounded in years of study, introspection, intuition, and observation. Spiritualism has been an accepted part of religion for thousands of years and continues on today in major religions around the world. Many of the saints honored to day began as Pagan saints. Paganism itself is pre-Christian, and began with indigenous cultures all over the world, especially in the British Isles.

Raven is sentient and lovely, a spiritual advisor with long, glossy black hair. I asked how she got her name. She replied



Raven's Intitive Insights Help her Guide Clients.

that it was given to her during a Talking Feather Ceremony in Ketchikan, Alaska, when she was there in her twenties. It is the call of the Raven that alerts one to the presence of a teaching, or a secret which has been made available. Some will pass on by, some will pause for a moment and some will answer the call.

From an early age Raven knew she was intuitive. Her mother told her of times when she blurted out things she intuitively knew, but did not yet understand. As she began studying the spiritual side, during her teens, many things she learned as a child became clear. Growing up on a farm, south of Tumwater, there was plenty of time to pay attention to her inner self and time to observe nature, especially animals, for which she has a strong connection.

In middle school, Raven studied Astrology, and, when she was 16, began reading Tarot for her friends. She began

reading voraciously. Everything she could find about the inner spirits and intuitive powers, and still does. As she reads, she feels and sees answers to her own life's questions.

"I wanted to know what makes people tick – why some people hold onto sadness, why some can let it go," says Raven. "People need to be better people on the inside. We try to control things, with no faith and trust in [our own] higher power. We have lost touch with spontaneity and culture. We have the American heritage of freedoms, but we don't care for people's health. We have lost the spiritualism to teach us how to be better people."

After graduation from high school, she went on to earn a degree in Sociology with a minor in cultural Anthropology. She traveled to many countries studying and working with other cultures. She has met many spirited people and people dedicated to their spirituality.

She worked as a counselor for at risk children and did readings on the side, then worked her readings into a full time occupation. Soon she was teaching workshops on palmistry, animal totems, how to explore and find ones own intuitive powers, and reading Tarot.

Clients come to Raven mainly for help with love and relationships. Some come to develop their spiritual paths. Some come with specific things to work on once a week; some once or twice a year for a little tune-up to see where their spiritual energies are blocked. Raven guides them through all this, but does not run their lives for them. She says, "People need to be responsible for their own choices, [and that] life gives you obstacles. Sometimes the greatest gifts come from the greatest pain. People need to learn to keep their

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